

Billerica Youth Basketball - Substitution Form

Grade:

BOYS GIRLS
(Circle one)

Date:

Location:

Time:

Team:

Team:

Coach:

Coach:

		Period											
		1	2	3	4	5	6	7	8	9	10	OT	
		Substitution Minute											
Sub	Name	#	20	16	12	8	4	20	16	12	8	4	2
1			X										
2			X										
3			X										
4			X										
5			X										
6													
7													
8													
9													
10													
11													
12													

		Period											
		1	2	3	4	5	6	7	8	9	10	OT	
		Substitution Minute											
Sub	Name	#	20	16	12	8	4	20	16	12	8	4	2
1			X										
2			X										
3			X										
4			X										
5			X										
6													
7													
8													
9													
10													
11													
12													

****NOTE** Shaded areas to be completed and turned in to scorers table**

Substitution Rule	Substitution sheets should be completed 5 minutes prior to game start. Players that have not arrived will not be on the sheet. They will be added after checking in with the scorers table and will be added to the end of the sheet. A late player is not the next player in. That player will go in at the next rotation based upon his place on the substitution sheet. At 4 minute intervals the horn will sound and the clock will NOT be stopped so that players can be substituted. Each substitution should not take more than 30 seconds. Every violation is a time out charged to the offending coach. If you have no timeouts left in the half, you will be charged with a technical. Each bench should have a coach who handles the substitutions. They should know what the substitution rotation is. They should also know the opposing teams rotation as well. That way, the players know exactly who is going out, what position they are playing, and who they are covering. The players should be kneeling at the scorer's table 30 seconds prior to substitution time.
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Overtime rule: Overtime play (grades 5 - 8) will be 1 - 2 minute period. No carryover of timeouts. Boys 7/8 and Girls 5/8 1 timeout. Boys 5/6 0 timeout Team fouls are carried over. THE NEXT FIVE SUBS IN THE ROTATION play. It is not coaches choice or the same 5 players.