

MASSACHUSETTS YOUTH SOCCER ASSOCIATION



COVID-19 Soccer Protocols



May 18, 2021

Commonwealth of Massachusetts Phase IV, Step 1





MASSACHUSETTS YOUTH SOCCER ASSOCIATION



Massachusetts Youth Soccer is dedicated to protecting the health of all people in and outside of our community. In an effort to assist our players, coaches and parents with required changes to soccer activities due to COVID-19, Massachusetts Youth Soccer has put together the following protocols for our affiliate members to use. Given the nature of this pandemic, this framework may change at any time based on the most recent CDC and or Massachusetts Department of Public Health (DPH) guidelines. Please keep in mind that local municipalities may have additional guidelines in place that will need to be adhered to. Once this order has been relaxed, please be aware that individual counties and jurisdictions may have additional restrictions in place that affect your decisions.

The information contained in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content, including text, graphics, images, and information, are provided for general informational purposes only.

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Spring 2021 - COVID-19 Soccer Protocols

Governor Baker has provided a 4 phase guideline to reopen the state. Each phase of return has specific guidelines that must be followed by your organization. It is important to note that these phases may not always proceed linearly, but rather a step backwards in phases may be required following continuous review of the ongoing situation and environment. Implementing the Spring 2021- COVID-19 Soccer Protocols presented here will require a cooperative relationship between the organization, coach, parent, and player. While the organization and coach must create a safe environment, the parent(s)/guardian(s) are the only ones who may make the decision for their child regarding participation in soccer activities.



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Below is a list of the phases and an explanation as to how it applies to youth sports.

NOTE: The information provided below is based on the most recent guidelines provided by the Commonwealth of Massachusetts for the return to Phase IV step 1 as of May 18, 2021. This document will be updated once additional guidance documents are released for future phases or steps.

PHASE I (COMPLETED)

PHASE II (COMPLETED)

PHASE III (COMPLETED)

PHASE IV Step I

Step 1 - In accordance with COVID-19 order no.66 issued by the Commonwealth of Massachusetts and effective May 18, 2021 by the Executive Office of Energy and Environmental Affairs (EEA), soccer remains classified as a Moderate risk sport. Moderate risk is defined as a sport or activities that involve intermittent close proximity or limited incidental physical contact between participants. **Sports in this category are permitted to participate in Level 1, 2, 3 and 4 training activities.**

Level 1 activities are defined as individual or socially distanced group activities (no-contact workouts, aerobic conditioning, individual skill work and drills.)

Level 2 activities allow for Competitive Practices (Intra-team/group games, contact drills and scrimmages)

Level 3 - Competitions (Inter-team games, meets, matches, races, etc.)

Level 4 - Tournaments (Outdoor)

The Commonwealth of Massachusetts has stated that the ability to participate in sports and recreational activities is determined by a combination of: (1) risk of transmission of COVID-19 inherent in the sport or recreational activity itself as traditionally played; (2) level of risk associated with the Type of Play” without modifications to play; and (3) whether a sport or activity can “Modify Play” to reduce risk.



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Safety Standards for Play

All Facility Operators and Activity organizers of activities must develop and implement safety standards to minimize the risk of transmission of infection among all members of the soccer community, especially for those soccer activities that will take place indoors and are expected to ensure compliance by all participants. Safety standards should be disseminated regularly. Some of the mitigation strategies that should be incorporated into safety standards include but are not limited to:

- Identify measures that can be implemented to increase physical distancing, where feasible.
- Conduct the activity or sport outdoors where possible as outdoor participation is generally safer than indoors and allows for greater distancing. This can be done safely with colder temperatures while following safety guidelines. <http://www.recognizetorecover.org/environmental#cold-weather-guidelines> for more information
- Shorten activities, practices and game play or perform the activity with fewer participants to the extent possible.
- Modify the activity or sport to reduce the sharing of equipment or to allow for cleaning of shared equipment between participants.
- Incorporate protective equipment in a safe manner to further reduce the spread of respiratory particles.

LEVEL 3 PLAY - COMPETITION

For the purposes of these guidelines “Competition” is defined as multiple participants or teams, competing against one another in a single contest. A competition includes inter-team games (i.e. leagues), matches, shows, meets, and races.

LEVEL 4 PLAY - TOURNAMENT

A “Tournament” is defined by the Commonwealth as a formal contest that consists of multiple competitions or a series of games between multiple persons or teams that might include multiple stages, played in a condensed period of time, such as over the course of a single day or multiple days in a row.



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INDOOR and OUTDOOR COMPETITION

Information that follows below are minimum standards set by the EEA in the Phase IV Step 1 guidelines. At a minimum the expectation is that our members will follow these guidelines. Indoor and outdoor facilities that are privately owned, may enforce guidelines that are stricter than those set by the Commonwealth of MA and MA Youth Soccer. If that is the case, members are asked to follow the guidelines set by the facility owners. Mass Youth Soccer members entering teams or players into indoor competition must adhere to guidelines as provided on the [Mass Youth Soccer Winter Indoor Coverage web page](#) and all protocols in this document to ensure insurance coverage

Capacity Limits (Single and Multiple Playing Surfaces)

- Indoor and Outdoor facilities with a permitted capacity must limit capacity to no more than 50% of the facility's maximum permitted occupancy up to a maximum capacity of 500. Large capacity venues may exceed the 500 person capacity limit as specified below. Member Organizations are required to verify the occupancy capacity of the facility with the owner (town, school dept etc.) to determine the spectator limits at their facilities
- Large capacity venues, defined as having capacities of 5,000 persons or more as specified in a certificate of occupancy or other, equivalent authorization must follow capacity limits for large capacity venues in COVID-19 Sector Specific Safety Rules for large capacity venues.
- For facilities with multiple fields, surfaces, courts, courses etc. the above capacity limitations shall apply per playing field, surface, court, etc., provided that there is adequate spacing for at least six feet social distancing for all individuals, including those at adjacent fields, surfaces, courts, etc.
- The spectator area must allow for at least 6' feet of social distancing between all family units Note: This updated Mass Youth Soccer is in force unless the facility has stricter limits.
- Facility operators and activity organizers should set schedules with time buffers to prevent the overlap of competitions or overlap of players/spectators from adjacent fields/surfaces/courts at any one time
- Facility operators and Activity Organizers should mark off designated areas for spectators for each field, surface, court, etc to minimize the overlap of spectators from adjacent fields/surfaces/courts
- **Spectators are not required to wear facial coverings outdoors only when they are unable to maintain 6' of social distance between themselves and other spectators. Family units from the same household do not need to distance, but should remain 6' from the next spectator group. If the proper distance can not be maintained masks must be worn**
- Recommended Field Capacities - The previous limit of 25 participants per playing surface has been removed. Mass Youth Soccer is relying on our member organizations to properly manage the number of participants per playing surface with the health and safety of all in mind.



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PROTECTIVE EQUIPMENT AND FACIAL COVERINGS

In accordance with and based on the EEA Safety Standards for Youth and Adult Amateur Sports activities mandates, Phase IV Step 1 effective May 18, 2021

For Youth aged 18 years and under when outdoors and engaged in moderate risk sports (soccer), a mask will not be required. At their parent's discretion, players may continue to wear a mask while playing soccer.

For participants aged 19 years and older when outdoors and engaged in moderate risk sports (soccer) where social distancing can not be continually maintained (soccer) a face covering must be worn while actively playing. The player may remove the face covering for frequent short mask breaks to catch their breath when they are out of proximity of other players (at least 6') using caution to avoid touching the front or inside of the face covering by using the ear loops to remove and replace.

Players are not required to wear a mask outdoors while on the sideline or in a huddle if proper social distance is maintained. If social distance cannot be maintained masks must be worn.

For the purpose of this guidance a facial covering means a face mask that completely covers the nose and mouth. Only face coverings that are secure with loops around a player's ears are acceptable. Masks with exhalation valves or vents (including mesh masks) are not acceptable and should NOT be worn by anybody. Face coverings must be a separate accessory.

Coaches and Referees are not required to wear a mask if they are outdoors and can social distance. At any time social distance can not be maintained they must wear a mask. Referees age 18 and younger do not need to wear a face covering while on the field of play officiating a game. The use of electronic whistles or similar non-traditional whistles by all referees is required.

Some town, city and regional Boards of Health as well as leagues may impose more restrictive measures for facial coverings for participants and spectators. If so, these restrictions take precedence.

If conditions are so severe as to warrant masks too dangerous to wear, the competition must be delayed, postponed or cancelled



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OUT-OF-STATE TRAVEL

Moderate Risk and High-Risk Sports:

All Massachusetts Youth members who plan to leave Massachusetts for more than 24 hours and all out-of-state residents who plan to come into Massachusetts for more than 24 hours for soccer events are asked to be aware of and understand the current Commonwealth of Massachusetts Travel Advisory (the latest Travel Advisory version as of this documents printed date is dated March 22, 2021)

COOPERATION WITH HEALTH OFFICIALS

Facility operators and Activity Organizers as well as coaches, participants and others engaging in sports activities are required to cooperate with state health officials and local boards of health and their authorized agents. Facility Operators and Activity Organizers must keep rosters of all participants with appropriate contact information and make that information available upon request by state officials, local boards of health and their authorized agents. Should a Facility Operator or Activity Organizer fail to comply completely and promptly with health officials, operators and organizers risk closure or suspension of a league's practices or games.



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REQUIRED SAFETY PROTOCOLS

All Facility Operators and Activity Organizers must incorporate the following standards for social distancing, hygiene, staffing and operations, cleaning and disinfecting.

Facility Operator

- Facility Operators must follow the indoor outdoor facility and spectator limits as indicated in the capacity limit section of this document.
- **Outdoor Facilities: Spectators must maintain distance of at least 6 feet between spectator groups. A spectator group is defined as a family unit. Operators are encouraged to mark off spectator viewing sites to allow for social distancing and all spectators must be kept at least 8 feet away from the playing surface. Spectators must practice social distancing in the spectator viewing areas. Spectators who are outdoors and can maintain 6' of distance from the next family unit may remove their masks. Family units from the same household do not need to distance, but must remain 6' from the next spectator group. If spectators are unable to socially distance they must wear a mask.**
- Limit any nonessential visitors, spectators, staff, volunteers, and activities involving external groups or organizations as much as possible. Visitors, spectators, volunteers, and staff must wear face coverings according to the face covering section of this document.

Activity Organizer

- Activity Organizers must follow the indoor outdoor facility and spectator limits as indicated in the capacity limit section of this document.
- The spectator area must allow for at least of 6' feet of social distancing between all family units
- Sportsmanship should continue in a touchless manner- no handshakes/slaps/fist bumps.
- If social distancing is not possible in an athletic facility, spectators may be asked to wait outside the facility until an activity is completed.



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The following procedures should remain in place for all participants and spectators:

- No exposure to or identified as a close contact of a positive case in the prior 10 day period.
- Check for normal temperature before going to training - (temperature 100.4 or higher please stay home).
- Upon arrival to training, coaches or staff should ask each athlete if they are experiencing any signs or symptoms of COVID-19. If the athlete has any signs or symptoms of COVID-19 they should be sent home and instructed to contact their healthcare provider. They will not be allowed to return to training until they are cleared by a healthcare provider. A doctor's note must be provided.
- Participants, organizers, spectators, volunteers, and facility employees in high risk categories should not participate or attend organized sport activities. List of high risk categories can be found here.
- Be sure appropriate infection prevention supplies (e.g. hand sanitizer, facial tissues, facial coverings) are present in multiple targeted areas (outlined later in this document).
- All spectators must adhere to CDC and DPH assemblage and distance guidelines. Spectators, nonessential visitors, staff, volunteers, and activities involving external groups or organizations should be limited as much as possible. Operators are encouraged to mark off spectator viewing sites to allow for social distancing.
- Spectators must practice social distancing in the spectator viewing areas. Family units from the same household do not need to distance, but should remain 6' from the next spectator group
- Spectators are permitted to remove their mask outdoors where they can maintain 6' of social distance.
- Participants should use their own equipment and be instructed to sanitize their equipment after every training session.
- Each participant will be required to have their own water bottle, towel, and personal hygiene products (hand sanitizer, facial tissues, face coverings). Players are required to wear face coverings during all soccer activities, Coaches will be required to wear face coverings and maintain a social distance of 6 feet at all times. Tissues, wipes, or disposable gloves must be properly disposed in the appropriate receptacles.
- Cleaning schedule/protocol of equipment (cones, goals etc.) with disinfectant before, during, and after training.
- Appropriate personal protective equipment (gloves, face coverings/masks) must be worn as required per DPH guidelines.



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BEST PRACTICES TO LIMIT RISK TO OUR SOCCER COMMUNITY

FACILITIES

- Assign a COVID-19 Safety Officer who will communicate policy organization wide to organizations utilizing the facility. Regular updates and reminders should be provided.
- Assign staff to oversee the compliance of organizations at the facility. One staff per two playing surfaces.
- Facility Operators must follow the indoor and outdoor spectator capacity limits as indicated above.
- Facility Operators must keep rosters of all participants with appropriate contact information and make that information available upon request by state officials, local boards of health and their authorized agents. Should a Facility Operator or Activity Organizer fail to comply completely and promptly with health officials, operators and organizers risk closure or suspension of a league's practices or games.
- Access to equipment storage and office space should be limited to employees only. First aid kits should be available at the playing area or court rather than in an office, where possible.
- Facility owners/operators and staff should clean and disinfect high-touch surfaces regularly.
- Frequently touched surfaces and objects vary by location but may include doorknobs, light switches, handrails, sinks, faucets, toilet handles, drinking fountains.
- Restroom facilities shall be cleaned and disinfected in accordance with Centers for Disease control guidance and best practices linked [here](#).
- Keep cleaning logs that include date, time, and scope of cleaning.
- In the event of a positive case, shut down the site for a deep cleaning and disinfecting in accordance with current guidelines.
- If any equipment is provided by the Facility Operator, the operator must minimize equipment sharing and clean and disinfect shared equipment at the end of a practice session from the [list of disinfectants meeting EPA criteria](#) for use against the novel coronavirus.
- Remove visible dirt and grime before using disinfectants. Disinfecting surfaces removes most germs and are most effective on clean surfaces and objects. Coronaviruses are relatively easy to kill with most disinfectants. When selecting disinfecting products, always read and follow the manufacturer's directions.
- Staff should use gloves and or other personal protective equipment. Throw away gloves after each cleaning.
- Indoor facilities must provide access to handwashing facilities on site, including soap and running water, and allow sufficient break time for staff and participants to wash hands frequently; alcohol - based sanitizers with at least 60% alcohol may be used as an alternative.



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- Facility staff should ensure that all handwashing sinks have clean running water, soap, and paper towels at all times.
- Operators must post visible signage throughout the site to remind employees and visitors of hygiene and safety protocols.
- Locker rooms are permitted to open up to 50% capacity. Facility Owners must close or mark lockers to enforce 6 feet social distancing. Operators must ensure that users of a locker room can abide by capacity restrictions and social distancing standards and establish signage and visual guidelines. Locker room users must use facial coverings or masks. Adult coaches or other staff must ensure youth participants are complying with distancing, capacity, and face coverings.
- Individual and communal shower areas may open but are limited to 50% capacity. Social distancing of at least 6 feet is required for all individuals in shower areas.
- Water bubblers, fountains and bottle filling stations can open for refilling bottles/containers only. Managers are encouraged to install signs near any drinking equipment advising users to use for bottle refill only and not to touch the tap with their mouth or the mouth of their water bottle.
- Consider having alcohol based hand sanitizer in common areas to encourage hygiene.
- Facility managers must set, post, and monitor occupancy limits for bathrooms based on the ability to maintain six-foot social distancing.
- Facilities that house a concession stand must adhere to the guidelines for restaurants as outlined by both the local Board of Health and the Governor's office.
- Schedule groups/teams with a minimum of 20 minutes in between the time one team concludes and the other arrives. Players must leave immediately after their session. Players should not arrive at their field earlier than 5 minutes prior to their scheduled arrival time.
- **Once athletes have completed their competition or activity they must leave the area if another team is taking the field or using the playing surface to ensure adequate space for distancing.**
- Teams who wish to schedule warm-up time prior to their sessions must build that into their scheduled session/rental time. Warm-ups will not be permitted adjacent to the assigned field prior to the scheduled start time for a team.
- **Facilities that permit the use of golf carts may allow multiple passengers. Masks must be worn at all times. Carts must be sanitized when passengers disembark.**
- Indoor facilities must have proper ventilation allowing for the proper outside air to filter into the building.



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TOWN ORGANIZATION/CLUB

- Assign a COVID-19 Safety Officer who will communicate policies organization-wide, to coaching staff, administrators, parents, and players. Regular updates and reminders should be provided.
- Assign each team a coordinator to oversee compliance at the team level (can be a team parent who must register as an Adult with Mass Youth Soccer).
- Train and educate all volunteers/staff on return to activities protocols.
- Develop a relationship and dialog with local Health Department officials (identify risk tolerance).
- Develop a plan to communicate with the local health department in the event of a confirmed case of COVID-19 within a team.
- If a player or coach tests positive for COVID-19 all team activities shall be halted only until the local Department of Health can be contacted for further direction. Reporting procedures as outlined in the Notification section of the MA Youth Soccer Website should be followed.
- If a player or coach is contact traced and identified as a close contact in a setting other than a soccer related event, this should be reported to the COVID-19 Safety Officer by the coach or the player's parent/guardian. The player is to follow the quarantine process provided to them by the Department of Public Health and/or by the school nurse. A player can return to soccer activities on the return date issued by DPH or their school. If the date is provided by the school, a player should return to soccer on the same day they can return to school and under the same guidelines. The remainder of the team can continue to practice as normal. Massachusetts Youth Soccer does not need to be notified in this case.
- If at any time during their quarantine period, the coach or player tests positive for COVID-19 the COVID-19 Safety officer should again be notified. Timelines will be reported and discussed by the COVID-19 Safety Officer with the Department of Health at that time. Notification of the team and any opposing team will be based on recommendations by the Department of Health in accordance with current CDC recommendations. If the team is asked to quarantine reporting procedures as outlined in the Notification section of the MA Youth Soccer Website should be followed. Massachusetts Youth Soccer should be notified of the positive case.
- Be prepared to shut down and stop operations if instructed to do so by the local Board of Health.. Develop plans for temporary closure of facilities (indoor, outdoor) to properly disinfect and ensure other adult leaders are not infected.
- Provide coaches and team coordinators with PPE (masks) and sanitizing products.
- Schedule groups/teams with a minimum of 20 minutes in between the time one team concludes and the other arrives. Players should not arrive at their field earlier than 5 minutes prior to their scheduled arrival time.



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- **Once athletes have completed their competition or activity they must leave the area if another team is taking the field or using the playing surface to ensure adequate space for distancing**
- **Congregating in common areas should be limited and social distancing of 6' to be maintained.**
- Ensure accurate attendance for all practice and game sessions. This is necessary for contact tracing if this should become necessary.
- Teams that wish to schedule warm-up time prior to their sessions must build that into their scheduled session/rental time. Warm-ups will not be permitted adjacent to the assigned field prior to the scheduled start time for a team.
- Provide adequate space at the field to allow for proper physical/social distancing (6').
- All spectators and players should have their own chair. Chairs should be placed to allow for proper physical and social distancing (6').
- All waste should be placed by the respective player, coach, or spectator in the trash receptacle. Nothing should be picked up by anybody other than the originator of the waste.
- Require players to have their own water, sanitary products (hand sanitizer, facial tissues, PPE (optional for play), ball, GK Gloves (if necessary), dark and light shirt (in lieu of shared scrimmage vests)).

COACH

- Understand that there may be parents/guardians who may not be ready to have their child return to activities at this time.
- Facial coverings will only be required outdoors when a coach cannot socially distance. If the coach is unable to distance outdoors a mask will be required. For the purpose of this guidance a facial covering means a face mask that completely covers the nose and mouth. Only face coverings that secure with loops around a player's ears are acceptable, so as not to cause injury if accidentally tugged or pulled on. No around the head or neck face coverings (gaiters) will be permitted during contact play. No face coverings with air valves, or mesh masks will be allowed.
- Ensure the health and safety of all athletes.
- Ensure athletes arrive dressed for practice and leave immediately after practice. No recreational play, or loitering is allowed.
- Upon arrival, inquire how athletes are feeling, send them home if you believe they are acting or look ill.
- Take accurate attendance use of Apps such as TeamSnap or TeamApp is encouraged to assist with Contact Tracing if required)
- No handshakes, fist or elbow bumps, or any other physical contact.
- Practice and encourage proper hygiene, washing hands frequently with soap and water, for at least 20 seconds at a time. Use alcohol based hand sanitizer (at least 60% alcohol). Cover coughs and sneezes with tissues or sleeves, do not use your hands. Launder clothing after training session.



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- Follow all state and local health protocols.
- Coach is to be the only one to handle cones, discs, goals etc.
- Ensure all athletes have their individual equipment. (Ball, water bottle, GK Gloves etc.)
- Ensure player's personal belongings (bags, coats, sweatshirts) remain in their personal space and are kept physically distanced from the belongings of others. Do not allow sharing of personal items.
- Ask players to bring their own personal practice vest (a.k.a. pinnie) or a dark and light shirt to eliminate the need of shared scrimmage vests.
- Do not allow shared team snacks. Participants and spectators should only drink from their own containers.
- If outdoors and a coach can social distance no mask is required. If they are outdoors and 6' of social distance cannot be maintained the coach must wear a mask. Only CDC recommended face coverings will be allowed, unless otherwise specified by league or facility.
- STAY POSITIVE – Players and parents will be looking to you to remain calm and supportive during this transition time.

PARENTS/GUARDIANS

- Ensure your child's health. Take temperature daily. The average normal body temperature is generally accepted as 98.6°F (37°C). Some studies have shown that the "normal" body temperature can have a wide range, from 97°F (36.1°C) to 99°F (37.2°C). A temperature over 100.4°F (38°C) most often means you have a fever caused by an infection or illness.
 - If your child has any symptoms, even mild ones, do not send them to practice or a game. Public health urges you to stay home and isolate until:
 - You have had no fever for at least 72 hours (without the use of medicine) AND
 - Other symptoms (cough, shortness of breath) have improved AND
 - At least 7 days have passed since your symptoms first appeared.
 - Anyone in your household or that you have had close contact with (within six feet for approximately 15 minutes over a 24 hour period) should self-quarantine based on current CDC guidelines, The Commonwealth of MA and direction from your local Board of Health
 - Notify the club immediately if your child has become sick.
 - Notify your soccer organization immediately if your child has been identified as a close contact by a school or public health authority.
- Adhere to physical/social distance requirements posted by the organization. These are based on state and local requirements. When at training, wear a face covering if you are outside of your car.
- Ensure that your child has a water bottle, equipment (ball and GK Gloves if necessary), light and dark shirt (no shared scrimmage vests will be provided).



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- Ensure your child's personal equipment, cleats, balls, shin guards etc. are cleaned and sanitized before and after every training.
- Ensure your child's clothing is washed after every session.
- Do not assist the coach with equipment before or after a training session.
- It is recommended that you don't carpool with other members of the team. In the event that transportation of a non-family member becomes necessary, all parties in the vehicle must wear cloth face coverings or face masks and to the extent possible have external air circulating in the vehicle such as opening a window.
- Be sure your child has necessary sanitizer with them at every session.
- Ensure athletes arrive dressed for practice and leave immediately after practice.

PLAYERS

- Take temperature daily (see information outlining this in the parent's section).
- Practice and encourage proper hygiene, washing hands frequently with soap and water, for at least 20 seconds at a time. Use alcohol based hand sanitizer (at least 60% alcohol). Cover coughs and sneezes with tissues or sleeves, do not use your hands. Do not touch your face (eyes, nose, mouth) with hands.
- Have your own hand sanitizer with you.
- For Youth aged 18 years and under when outdoors and engaged in moderate risk sports (soccer), a mask will not be required. At their parent's discretion, players may continue to wear a mask while playing soccer.
- For participants aged 19 years and older when outdoors and engaged in moderate risk sports (soccer) where social distancing can not be continually maintained (soccer) a face covering must be worn while actively playing. The player may remove the face covering for frequent short mask breaks to catch their breath when they are out of proximity of other players (at least 6') using caution to avoid touching the front or inside of the face covering by using the ear loops to remove and replace. They are not required to wear a mask outdoors while on the sideline and in a huddle if proper social distance is maintained. If it cannot be maintained masks must be worn.
- Only a face covering which attaches around the ears will be allowed, so as not to cause any injury if accidentally tugged or pulled on. No around the head or neck face coverings will be permitted during contact play. No masks with air valves or mesh masks will be allowed.
- Practice physical distancing on the sidelines. When sitting on the sidelines you should be 6' from the next player.
- Bring your own water bottle and snack. Do not touch anyone else's belongings.
- Wash and sanitize your equipment before and after each training.
- No group celebrations, hugs, handshakes, fist bumps, etc.



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TOURNAMENT DIRECTORS / EVENT STAFF

- Tournament Directors should follow the guidelines set forth by Massachusetts Youth Soccer Association, CDC, Federal, State, and local governments.
- Tournament Directors should ensure that participants are following the specific local and state restrictions from their home location counties or associations before allowing teams from other associations/areas into the tournament.
- Predetermine appropriate emergency contacts should anything arise during your event and provide the information to all tournament staff and participants.
- All communication leading up to the tournament should include information on COVID-19, preventive measures and all procedures that the host has established as requirements for participants and spectators, including:
 - Information on physical distancing measures, personal protection equipment requirements, limits on spectators and what the plan of action will be for suspected cases.
 - Instructions to stay home if the participant or a member of the participant's family is not feeling well.
 - Instructions on what to do if they are exhibiting symptoms of COVID-19. If a participant is exhibiting symptoms of Coronavirus the participants should not attend or participate in the event until such time as the participant has been tested and cleared. Doctor's note would be required as proof of testing results.
- All participants and spectators should have access to handwashing and hand sanitizer.
- A procedure should be developed for any possible cases at the event. This should include a designated area for those who present with symptoms and those they came in contact with to be isolated until an ambulance is called.
- Event staff are to wear appropriate personal protection equipment when they come in contact with spectators, participants, and coaches.
- It is the responsibility of the tournament host to supply any and all masks, gloves and hand sanitizer for their tournament staff. The tournament host is the organization running the tournament and not the facility at which the event is held.
- Team registration/check in area should be set up to allow for necessary physical distancing for both the staff and the team representatives. Markers should be placed on the ground to ensure 6 feet of physical distance for those waiting in line. Such markings should be at least 8 feet from field boundaries.
- When possible, organizations will need to coordinate team registration and roster check-in electronically prior to the event. If needed, paper materials may be exchanged on the day of the event



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DISCLAIMER

Participants, parents, family and spectators taking part in soccer and soccer related activities do so with the knowledge of risk and potential exposure involved. In doing so they agree to accept any and all inherent risks to their personal health.

ADDITIONAL RESOURCES

[Reopening Massachusetts](#)

[CDC Considerations for Youth Sports](#)

[CDC Guide to Mass Gatherings](#)

[CDC List of people in high risk categories](#)

[COVID-19 Outdoor Recreation Facility Restroom Cleaning Best Practices](#)

[EPA Recommended Disinfectants](#)

[WHO Handwashing Video](#)

[FIFA COVID-19 Resources](#)

[US Soccer Play On](#)

[US Soccer Recognize to Recover - COVID 19 and Mental Health](#)

[US Youth Soccer Return to Activity Notice](#)

[Aspen Institute - Coronavirus and Youth Sports](#)

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