

Clinton Youth Soccer U6 Rules of Play

Dimensions: As set up. If the coaches find the field too big they can move the goals closer together.

Ball Size 3

Number of Players 4 Players per team on the field - No Goalkeepers

Referee Coaches referee the game

Duration 30 minutes max – two halves.

Fouls and Misconduct No cards (Yellow or Red). If a child misbehaves badly, sub him/her out of the game. Fouls result in indirect free kicks.

Free Kicks All free kicks shall be indirect with other players at least 4 yards away. Clearly state what the free kick is for i.e. “You touched the ball with your hands”. Which by the way is almost the only free kick given at U6, as tripping happens almost spontaneously at this age.

When the Ball Goes Out of bounds

Along the Touch (Side) Line -

1. When the ball goes out bounds stop play.
2. Place the soccer ball on the side line and allow the player to kick it in or dribble it into the field.

Along the Goal (End) Line –

Goal kicks – When the offensive team kicks the ball over the Goal (end) line

1. When the ball goes out of bounds over the Goal line, stop play.
2. The opposite team will regroup by the mid line.
3. The Kicking team will place the soccer ball on the Goal (end) line and kick the ball to a team mate

Corner kicks - When the defending team kicks the ball over the Goal (end) line

1. When the ball goes out of bounds over the Goal line, stop play.

2. Place the ball on the corner or Goal (end) line and kick it in. The defending team must be at least 4-5 yards away from the ball.

Restarts All restarts – after a goal or after a quarter breaks – are at the mid line.

Safety Issues

1. No jewelry is to be worn during practice or games. This includes earrings, even studs. The exception is jewelry for medical or religious purposes and these must be taped down.
2. Shin guards must be worn and they must be completely covered by socks.
3. No more than 4 players per team are allowed on the field at once during the games.