Coaches Choice USA & Fair Lawn All Sports

Presents

Elite Training Basketball School

With Coach Al Cappolla and Coach Rob Lado

For: Girls; Ages 12-17

Days: Tuesdays: 7pm-9pm & Thursdays: 5pm-7pm

Location: Fair Lawn Recreational Center; 10-10 20th Street Fair Lawn NJ 07410

Cost: Free

AUGUST 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- High School & AAU Training Techniques
- AAU Coaches will be working with all girls
- Skill Training and Conditioning
- Nightly Games

BE PREPARED TO WORK HARD ON YOUR SKILLS & FUNDAMENTALS!