

USATF-NJ Junior Olympic Prelim
5/17/15 – Don Bosco High School

The Bergen / Passaic County Prelim will be held at Don Bosco this year on May 17th in place of our normal NJ Strider Qualifier. In order to participate in this event. You MUST be Age verified and have a USATF number. You also MUST register for the meet on Coacho.com (Link to be provided later). This event will NOT be hosted by the NJ Striders. Remember that in the past I helped to get these entries / problems corrected and straightened out prior to submitting the entries. In this case the parents / coaches would need to get them all straightened out.

A few important notes:

- Must have a USATF number. If you have had a number in the past I strongly suggest that you just renew on-line as if you were age verified the renewal will carry it over. Goto: <http://www.usatf.org/Products---Services/Individual-Memberships.aspx> to get your membership or renew. Remember you need some time between getting usatf number and registering for meet so do not delay.
- Make sure that when registering for your USATF number that you put NJ Striders down as the club. The club number is 07-0109.
- If you need to submit a copy of your birth certificate if you are not age verified.
- A link with all of the info will come shortly to be able to register. Once that is available I suggest that you have the kids on your team register as if there are any issues it will enable you to try and fix it.
- When entering on CoachO you will need to select your athlete you are registering. After that you would pick the events that he / she is competing in. After that you must pay and complete the transaction. If you do not get a confirmation email more likely than not, something is not correct. As soon as the link is up, I will send out more directions.

Order of Events - TENTATIVE 3000 meters 4x100 100 trials 1500 meters 100 finals 400 800 meters 200 meters 4x400	Field events: Long jump, shot put, turbo-jav Events advancing directly to the state meet: Hurdles, Walks, 4x800, High Jump, Triple Jump, Discus. (The above are not held at the qualifying meet)
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Directions:

From the South: Take Route 17 North to exit in Ramsey for Franklin Turnpike/Suffern. Stay to the right and entrance to Don Bosco Prep will be immediately on your right.

From the North: Take Route 17 South to exit for Spring St. At first traffic light, turn left onto N. Island Ave. (stay in left lane). At traffic light (historic stone house on left), turn left onto Spring St. heading east over Route 17. Bear right at traffic light onto Spring Street. Stay to right on Spring St. toward N. Franklin Turnpike. At traffic light (Chase Bank on left and Dunkin Donuts on right) turn right onto Franklin Turnpike. Don Bosco Prep is on the left after two office buildings at 492 N. Franklin Turnpike, Ramsey, NJ 07446.