



DIAGRAM 1: Our point guard, 1, initiates the offense by dribbling the ball to the right side. The off-side defensive guard will follow the ball slightly and move toward the middle of the floor as the ball is dribbled to the right. As the off-side defensive guard slides to the middle, 4 sets a backscreen on him or her. 1 watches for this backscreen and passes to 3.



DIAGRAM 2: As the pass goes from 1 to 3, 4 pivots to face the ball, turning in the direction that the defensive guard is trying to fight over. This move slows the guard's recovery even more. All this is done as a decoy to lure the defensive forward to cover 3.

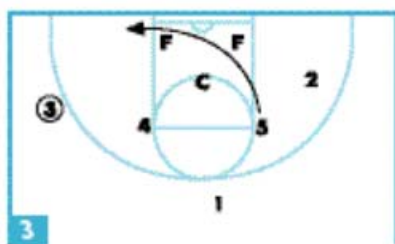


DIAGRAM 3: Since the defensive guard can't recover and defend 3 due to the backscreen set by 4, the ball-side defensive forward needs to make a decision. If the ball-side defensive forward stays in, then 3 has a wide-open jumper. As 3 receives the pass, 5 breaks from the weak-side elbow toward the basket, flowing to the ball-side short corner.

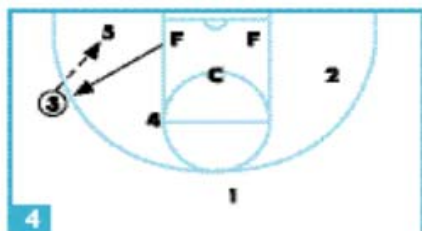


DIAGRAM 4: If the ball-side defensive forward moves out to cover 3, then 5, who moved to the ball-side short corner, will be left wide open and 3 must pass to 5. For us, the short corner is 4 to 5 feet off the lane. While this action is occurring on the ball side, 1 and 2 find the gaps in the zone, looking for a possible pass from 3.

We always tell any player who is a potential receiver of a pass to pretend that the ball is a camera. You must move yourself into a position where the camera can see you clearly to take your picture.



DIAGRAM 5: After 3 has passed the ball to 5 (as the defensive forward slid out to cover 3), it now places the defensive center in a very awkward situation. If the defensive center doesn't slide over to cover 5, then 5 has an open 4-foot jump shot.



DIAGRAM 6: If the defensive center moves out to cover 5, instruct 4 to dive hard to the basket looking for a pass from 5. This move has resulted in many easy layups for our team. The other offensive players must always be moving to make sure that the player with the ball can see them.

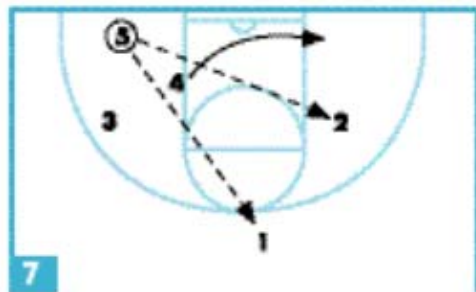


DIAGRAM 7: If 4 isn't open on the dive to the basket, 5 can throw a skip pass to either 2 or 1. 4 breaks along the baseline and gets into position on the weak-side short corner.