



Basketball Training & Skills Development with Peter Hoffman — "Coach Pete"

Coach Pete offers basketball training & skills development lessons through Gryphon Basketball at FORCE Performance Training - 22 Hollywood Avenue, Ho-Ho-Kus, NJ. Outside lessons are also available Spring, Summer, and Fall (weather permitting) at your choice location.

Lessons are tailored to each individual player depending on age, position, and ability level. Areas of focus include **shooting, ball-handling, footwork, moves to the basket, post moves, passing, and conditioning.**

About Coach Pete:

- Started on the freshman team at Bergen Catholic (won Bergen county tournament)
- Started varsity at Bergen Catholic sophomore and junior seasons of high school
- Started varsity at St. Peter's Prep senior year senior year of high school
- Played for the New York Gauchos AAU program in the Bronx during middle school and high school
- Graduated from Babson College in Massachusetts in 2010
- Coaching and training through the Gryphons program for over 1 year, working with both youth boys & girls

Pricing for 1 Hour Training:

Individual 1-on-1 Workout → \$100 per session

Small group workouts:

- 2 players → \$60 per player
- 3 players → \$40 per player
- 4 players → \$30 per player

* 20% discount available for package of 5 or more lessons, paid up-front

Contact: 201-657-4420 (cell) or phoffman1988@gmail.com



www.gryphonbasketball.com