

Fair Lawn All Sports Softball



3 WEEK PITCHING CLINIC

CALLING ALL PITCHERS!!

Is your daughter looking to learn how to pitch or brush up on her pitching skills before the 2019 softball season? Fair Lawn All Sports is holding a series of pitching clinics with professional pitching instructors at a low cost. Your daughter will learn the basic mechanics of pitching, or if she already is a pitcher, she can start to work on consistency, strength, and multiple pitches. This clinic will be focused sessions with small group instruction.

*****Please note – parents will need to catch for their pitchers.***

Our pitching instructors include:

Coach Jen Bell, Currently in her fourth season as Assistant Varsity Softball Coach at FLHS; professional pitching instructor for more than 10 years; former FLHS Varsity pitcher, received multiple All-League and All-County Honors

Coach Marissa Spinuzzi, Former FLHS Varsity pitcher; received multiple All-League and All-County honors; played Division III softball at Univ. of Massachusetts-Dartmouth and received NFCA 1st Team All-Region Honors

Sessions held on Sundays:

March 3

March 10

March 17

Grades 3 & 4

1 – 2 pm

Grades 5 thru 8

2 – 3 pm

Location:

TJ Middle School Gym

Cost

\$20 per session

Or

\$50 for all 3 sessions

**Please see attached
registration form & waiver**

FAIR LAWN ALL-SPORTS

PITCHING CLINICS 2019

REGISTRATION FORM

www.flallsports.org

Last Name _____ First Name _____

Address _____

Telephone # _____ Email Address _____

Birth Date _____ Age _____ Grade _____

Previous pitching experience: _____

Please select the dates you wish to attend:

March 3 _____ March 10 _____ March 17 _____

Cost - \$20 per session or \$50 for all 3 sessions

Cash or Checks made payable to Fair Lawn All Sports

Emergency Contact & Telephone # _____

I accept full responsibility for any injury sustained by my child resulting from training, competitive play, travel to and from workouts, or other aspects of her participation in the Pitching Clinics. I hereby give permission for the above named player to participate in this All-Sports program. I understand that any injury must be reported to the recreation office (201-796-6746) and insurance coverage is secondary to my primary insurance coverage. My signature also confirms that my child, myself and my family acknowledge the guidelines of the Fair Lawn All-Sports Code of Conduct and agree to follow them.

Parent/Guardian Signature

Date

Waiver valid for all clinics in March 2019