



**Fair Lawn All-Sports
is proud to present STARS T-Ball and Track & Field
for the Spring of 2019
(Saturdays, April 13 thru June 8, 2019, 3:30 to 4:30)
for Children with Special Needs ages 4 to 16.**

What is unique about this program?

Fair Lawn All-Sports, in conjunction with the Fair Lawn ADA Committee, has established a sports program to help enrich and promote an active lifestyle, good sportsmanship, a higher sense of self-esteem and help improve overall social and physical skills.

When will we play?

We will have our sessions Saturday afternoons from 3:30 to 4:30 from April 13 thru June 8, at the Dobrow Sports Complex. We plan on having four weeks of T-Ball, followed by four weeks of Track and Field (at FLHS' Sasso Field).

How does the program work?

We will have small groups of players who will be lead by a host of enthusiastic coaches and volunteers from the Fair Lawn High School and Fair Lawn All Sports programs. We will make every effort to maintain a high ratio of coaches to players. By providing a high ratio, we intend to foster a love of learning a new sport through positive development and successful progress. All of our coaches and volunteers have received instruction in the fundamentals of the games. During our T-Ball sessions, we will concentrate on Hitting, Throwing & Catching, Fielding & Throwing and Running the Bases. For our Track and Field Sessions, we will be running stations for Running/Relay, Shotput, Turbo Javelin and the Long Jump.

What ages can play?

The program is open to children ages 4 to 16 years old. We will group the players by age and/or ability.

How much will it cost?

The cost is \$35 per player. This will include a T-Shirt, end of year Pizza party and Participation Award.

**To sign up or for more information contact
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