

Midland Area Youth Soccer

4.02 Multiple Rostering (*Revised February 3, 2016 with revisions highlighted*). Multiple rostering permits a player to play for more than one team during the same playing season, only as provided in this section.

A player may be rostered with no more than two (2) Mass Youth Soccer affiliated organizations during a playing season, regardless of age.

Clarifications and Exceptions

- Within the entirety of the MTOC eligible affiliated Leagues, a player can play for only one MTOC league member organization during a playing season. In addition a player may not play in two separate MTOC eligible affiliated Leagues at the same time, in the same season.

Midland Area Youth Soccer

FALL

Dual Grade Group Categories

DUAL GRADE PLAYING GROUPS					
	Grades 5 / 6 (Formerly U12)	Grades 7 / 8 (Formerly U14)	Grades 9 / 10 (Formerly U16)	Grades 11 / 12 (Formerly U18)	PG/College (Formerly U19)
Eligibility	In 6 th grade or below AND Born on or after 1/1/2004	In 8 th grade or below AND Born on or after 1/1/2002	In 10 th grade or below AND Born on or after 1/1/2000	In 12 th grade or below AND Born on or after 1/1/1998	In college, PG or below AND Born on or after 1/1/1997
Eligibility Considerations	Organizations are permitted to use Born Between dates criteria. See last page for Examples. 4 th grade players are permitted to play up based on current U10 guidelines.				
Under new US Soccer Player Calendar Year Age Group Labels, players in this age group will primarily be labeled as:	Older U11, all U12, and younger U13	Older U13, all U14, and younger U15	Older U15, all U16, and younger U17	Older U17, all U18, and younger U19	Older U19 and younger U20 (Approved by USYS)
Max. on Field	9	11	11	11	11
Min. on Field	6	7	7	7	7

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FALL

	PLAYING GROUPS					
	Pre K (Formerly U5)	Kindergarten (Formerly U8)	Grade 1 (Formerly U7)	Grade 2 (Formerly U8)	Grades 3 (Formerly U8)	Grades 4 (Formerly U10)
Eligibility	In Pre K AND Born on or after 1/1/2011	In Kindergarten or below AND Born on or after 1/1/2010	In 1 st grade or below AND Born on or after 1/1/2009	In 2 nd grade or below AND Born on or after 1/1/2008	In 3 rd grade or below AND Born on or after 1/1/2007	In 4 th grade or below AND Born on or after 1/1/2006
Eligibility Considerations	Organizations are permitted to use Born Between date criteria. See last page for Examples 2 nd Grade players may play up based on current U8 Playing Up policy					
Under new US Soccer Player Calendar Year Age Group Labels, players in this age group will primarily be labeled as:	Older U5 and younger U6	Older U6 and younger U7	Older U7 and younger U8	Older U8 and younger U9	Older U9 and younger U10	Older U10 and younger U11
Max. on Field	4 No GK	4 No GK	4 No GK 5 W/GK	4 No GK 5 W/GK	7	7
Min. on Field	4	4	4/5	4/5	5	5

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How to Stop the Scoring

What to do when your team is obviously better than the opposition and the score is likely to get out of hand.

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Why do it?

- Save embarrassment for your opponent.
- Save embarrassment for your team.
- Avoid receiving an invitation to visit with the Sportsmanship Review Committee.
- It's the right thing to do.

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Some Guidelines

- Don't wait too long.
- Don't make it obvious.
- Let the opposing coach know what you are doing.

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Tactics

- STOP SHOOTING
- *This is the simplest option.*
- Shoot with weaker foot only.

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Tactics

- *Work out a signal with the team to get the information to them.*
- 3,4,5 passes before shooting
- *One touch from your opponent resets the score.*

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Tactics

- Shoot headers only. Not U12 and younger
- *Headers must be from outside the goal area.*

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Tactics

- Every player on the field **MUST** touch the ball before anyone can shoot.
- *Use in combination with other restrictions to really slow down the shooting.*

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Tactics

- Shoot from outside the penalty area.
- *The distance makes the shot easier for the keeper to handle.*

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Tactics

- Pass the ball to the keeper.
- *If you shoot it AT the keeper, it's not likely to go in the goal.*
- *The keeper doesn't even need to know that's what you're doing.*

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Tactics

- Shoot over the top of the net.
- *The looks even more realistic than passing the ball to the keeper.*
- Shoot wide of the net.
- *Good, hard shots that are aimed wide of the net can still offer players opportunities to shoot in the game.*

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Tactics

- Place weaker players in forward positions.
- *Remember to keep the restrictions in place.*
- Change formations to have only one forward.
- *This makes it easier for the opponent's defense to stop your offense.*

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Tactics

- Limit player's range into the offensive third of the field.
- *Have players pass the ball toward the keeper once they cross the halfway line.*
- Remove a player from the field.
- *Do this discretely. Have one less player go on the field at a substitution opportunity.*
- *Do not have a player walk off the field during the play. (Why?)*

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Tactics

- Remove a second player from the field.
- *Primarily used at the U12 level. 8 v 6 is much more readily accepted than 6 v 4.*
- *Note: FIFA rules do not allow for a team to add players*
- Have leading team's goalkeeper throw the ball back into play vs punting it.
- *This keeps the ball in the winning team's defensive third for a longer time.*

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Tactics

- Play weaker lines/players more than the “superstars”.
- *When you do send the stronger lines onto the field, do so with tough restrictions on them.*
- Play keep away.
- *Use in conjunction with other restrictions.*
- *Don't let it run for too long.*
- *Try not to make it obvious*

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Tactics

- Throw your game plan out the window.
- *Have the players come up with creative ideas to prevent embarrassing their opponents*

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Other things to remember

- Coach, YOU ARE THE ADULT.
- *If a player ignores the restrictions you have set in place, sit the player on the bench.*
- *It WORKS!*
- Make adjustments EARLY.
- *3-0 is the time to start implementing measures to stop scoring.*
- *6-0 is NOT the time to start.*

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Other things to remember

- Work out a plan.
- *Failing to plan is not an excuse.*
- *Consider this as important as teaching players to dribble the ball.*

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Other things to remember

- Communicate your plan.
- *Let your players practice the plan.*
- *Let the parents in on the plan so they don't urge players to do this they know they should not.*

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Other things to remember

- This is about R-E-S-P-E-C-T.
- *Sportsmanship starts with the players and the coaches.*
- *It extends to the opponents and spectators.*

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If you are involved in a blowout game

- Make a pre-emptive strike.
- *Contact your town rep as soon as possible.*
- *You WILL need to explain what happened.*

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Other things to remember

- Teams from MAYS League are NOT eligible for the World Cup Tournament.
- Don't coach as if they are.

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- Remember it is a game
- You should have fun
- The kids should have fun
- The kids on both teams not just yours

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