



Piedmont Midget Football League (PDMF) - Middle School Football for Rising 6th – 8th Grade

Piedmont Midget Football (PDMF) is a non-profit, community rec. association that runs the middle school football program at Piedmont Middle School.

Beginning Monday, May 7th
Spring & Summer off-season
Workout Program for player
conditioning, evaluation and
instruction in preparation for
the Fall season. Team
workouts will continue thru
June & July. There is no
charge for the Spring &
Summer off-season Workout
Program.

Players will need:

- To wear shorts and cleats
- Bring plenty of water
- Completed permission / waiver form (located on the www.pdmf.org website)

On-line sign-ups for fall are open at www.PDMF.org

Fall Season registration:

- \$200 if signed up by June 10th
- \$230 if signed up after June 10th



Piedmont Midget Football is for rising 6th – 8th graders



For more information go to www.PDMF.org or email piedmontmidgetfootball@gmail.com

Spring workouts will be held two nights per week from 6:00-8:00pm at Piedmont Rec Football Field beginning Monday, May 7th