

Quabbin Soccer Camp 2018

July 16th – July 20th

at Quabbin Regional Middle/High School

Who: Students Entering Grades K through 8

When: Gr. K-2 8:00-10:00 a.m.
Gr. 3-8 8:00-12:00 p.m.

Cost: Tuition is \$75 per grade 3-8 camper and \$40 per grade K-2 camper. A \$30.00 non-refundable deposit is required to reserve your child's spot.

Application: Please clip and return the attached application along with your deposit (or full payment, if you prefer) **BEFORE JUNE 28, 2018.**

Payment: Make checks payable to Quabbin Regional School District and send along with completed application and medical form.

Mail applications to: Jamie Cook
7 Point Road
North Brookfield, MA 01535

For Questions or Concerns: Call Jamie Cook at 774-232-3702 or email quabbinvarsitysoccer@gmail.com

Name: _____ Phone: _____ Grade (as of September 2018): _____ Age: _____

Address: _____ Town: _____ ZIP CODE _____

T-shirt size (circle one) YS YM YL AS AM AL AXL

Return application & deposit before June 28, 2018 to ensure a t-shirt.

Parent/Guardian signature: _____

Email Address for camp updates: _____

Please print and return the following medical form along with your application:

<https://quabbinregional-ar.rschooltoday.com/sites/quabbinregional-ar.rschooltoday.com/files/upload/Permission%20Waiver%20Medical%20Form%20for%20camps.docx.pdf>

The Quabbin Soccer Camp staff is looking forward to meeting campers of all ages and skill levels. Players will be organized by age and ability. We are confident that we will meet the needs of every camper. This camp will emphasize teamwork, sportsmanship, self-respect, and fun. The purpose of the camp is purely instructional.

Directed By Quabbin Varsity Soccer Coaches: Jamie Cook and Rick Lindsten

Assistant Coaches and Camp Leaders: Members of the Quabbin Regional High School Girls’ and Boys’ Soccer programs

What Do I Bring?

What Can I Expect?

- Please arrive between at 7:45 on the first day for check-in.
- Come dressed appropriately in soccer shoes, shin guards, and comfortable clothing. Sunscreen is also recommended.
- Camp will run rain or shine. In case of thunderstorms, camp will be cancelled or released early.
- Campers should bring a water bottle and snack each day. Water will be available at all times.
- Director trained in First Aid and CPR.

Typical Schedule: (Subject to change)

Grades K-2

7:45-8:00 Drop off
8:00-8:20.....Warm-up, ball work
8:20-9:00Skill work
9:00-9:10 Snack Break
9:10-9:40 Skills stations, relays, races
..... and contests
9:40-10:00 Soccer Games
10:00 Pick-up Campers

Pick-up Time: 10am Gr.K-2

Grades 3-8

10:00-12:00.....Small-sided games/activities

Pick-up Time: 12pm. Gr.3-8

Camp Features:

- Optimum player-coach ratio.
- Great for beginners and experienced players.
- Campers divided by age and ability.
- Individualized attention.
- All campers receive a t-shirt.
- See friends over summer vacation.
- Make new friends!