



October 19, 2017

Dear Auburn Youth Coach,

Thank you for serving as a coach in one of Auburn's Youth Sports Leagues. Due to your generous donation of time, the youth of Auburn have multiple athletic teams to play on, honing their skills while also developing important qualities such as the *lifelong benefit of exercise, commitment to team, the importance of perseverance, respect for oneself and one's teammates, and developing lasting relationships*. Thank you!

A team of us has been meeting since the summer to ensure that we are providing our students with the safest of environments, whether they are in school or on one of Auburn's many playing fields. As a result of those discussions, we have set a goal of placing Automatic External Defibrillators (AEDs) over several years at all of our fields so that they are accessible by coaches and everyone in the community. As part of Phase I of this effort, by the spring of 2018 our goal is to have them placed at the following fields which are used most often: Auburn High School, Auburn Middle School, Pappas Fields and Lemansky. During Phase I, we have also set a goal of getting as many of our coaches trained in CPR and how to use an AED. As leaders in our community, we are hoping that you'll join us in this effort, the goal being to get 100% of our coaches trained within 2 years, hopefully even sooner. During Phase II, we intend to expand this effort to include all school and Town fields and to have the greater Auburn community likewise trained in CPR/AED, with that effort getting underway in the spring/summer of 2018.

According to the American Heart Association, every year, "cardiovascular disease is the No. 1 cause of death in the United States. At least 250,000 Americans die of sudden cardiac arrest (SCA) before they reach a hospital. SCA strikes people of all ages and all degrees of fitness. Many of these lives can be saved if bystanders quickly phone 911 and begin CPR." The goal of an "AED program is to increase the rate of survival of people who have SCA, because for every minute without immediate CPR and defibrillation, the odds of survival decrease 7% to 10%."



We recognize – **and greatly appreciate** – the time commitment you already make as a coach in one of Auburn's Youth Sports Leagues. We are asking you to please consider making an additional 2-hour commitment to be trained in CPR and the use of an AED so that should the need ever arise, Auburn's coaches will be ready to take action.

Working with the American Heart Association and as an initial step in outreaching the community in this effort, all Auburn Middle School students will be trained in compression-only CPR this school year, with AHS students already being fully trained in CPR-AED as part of their Physical Education classes. In the spring, trainings will begin to be provided across the Auburn community, the goal being to train as many interested parties as possible.

To register for one of the below training sessions, please email auburnfirecpr@town.auburn.ma.us or call 832-7800. The cost is \$25/participant, this fee covering the cost of the Auburn Firefighters' time to provide these life-saving trainings.

Training Dates and Times:

Tuesday, 11/7/17, 6-8 pm	Thursday, 11/9/17, 6-8 pm	Sunday, 11/12/17, 6-8 pm	Saturday, 11/18/17, 9-11 am
Saturday, 2/3/18, 9-11 am	Tuesday, 2/6/18, 6-8 pm	Wednesday, 2/7/18, 6-8 pm	Sunday, 2/11/18, 6-8 pm

We thank you for your consideration of this important training and **THANK YOU** again for serving as a coach in Auburn!

Thank you,

Maryellen Brunelle, on behalf of the CPR-AED Team (listed alphabetically below)

Superintendent

Maryellen Brunelle
Paul Frost
Jeff LaBonte

Darcy Cook
Michael Hammond
Kathy Lauzé

Bill Coyle
Mike Jarvis
Jim McGlynn

Brian Crowley
Tess Jarvis
Kristen Pappas

Joe Fahey
Glenn Johnson
Dan Stewart

Ken Fairbanks
Kevin Kennedy