



Combination drill

Category: Tactical: Combination play
Difficulty: Difficult

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Individual-Adult Member

Description

Warm up (10 mins)

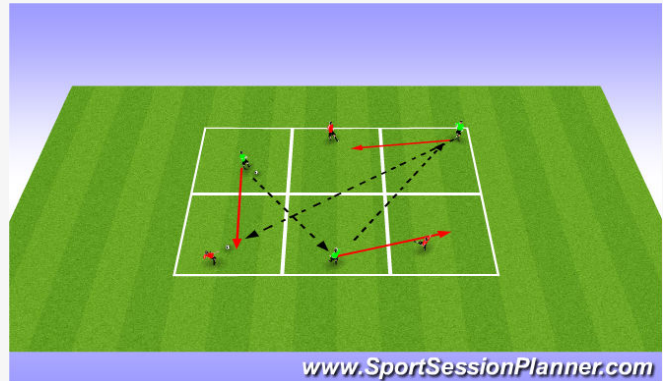
Organization

21 x 30 grid, split into 6 areas.

Players are split into 3's - with 1 ball between each group, players pass and move in to a square which doesn't have a player from their group in. (Red and Green could share a square)

Coaching Points

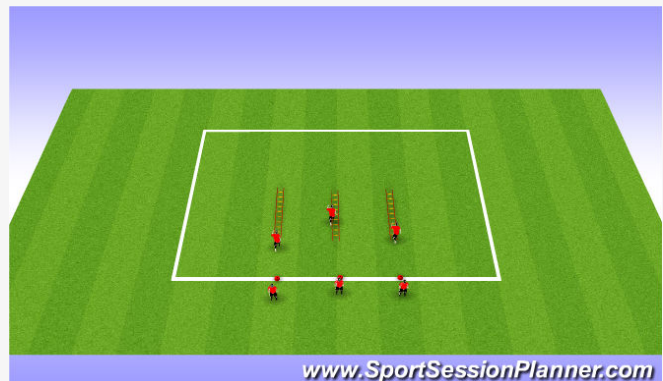
1. Encourage players to pass, and move to the next square quick, always trying to keep their head up.
2. Can we play 2 Touch passing and support



SAQ (10 mins)

Organization

1. Side leg shuffle
2. In and Out
3. Centipede



Combination part 1 (15 mins)

Organization

Player 1 passes to player 2.

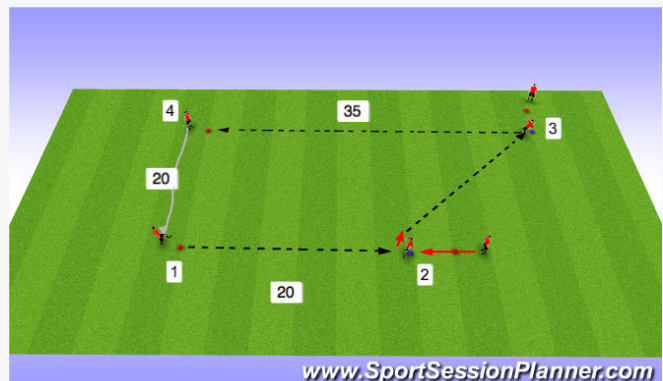
Player 2 checks in to receive the ball from player 1 - player 2 takes a first touch towards player 3, and then passes to player 3.

Player 3 receives the ball and passes to player 4.

Player 4 dribbles over and restarts the drill.

Coaching Points

1. Minimize the touches possible 3 or 2?
2. Check in and out at cone 2 and 3, can we time it to receive the ball and have additional space from the defender?
3. Pass selection - 1 to 2 - inside of the foot, 2-3 driven or inside of the foot. 3-4 probably a driven pass.



Combination part 2 (15 mins)

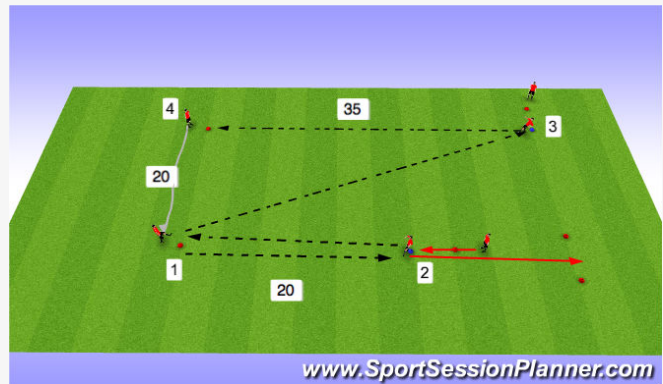
Organization 2

Same set up as before, add a small gate about 10 yards behind player 2

Change the pattern, Player 1 passes to player 2, who sets the ball back to player 1, player 1 then plays a diagonal pass to player 3.

Coaching Points

1. After player 2 sets the ball back to player 1, they should spin and sprint through the gate behind them.
2. Player decision - If possible player 1 should drive the ball first time across to player 3.
3. Weight and accuracy of the pass, decision pass type - driven, inside of the foot.



Combination part 3 (15 mins)

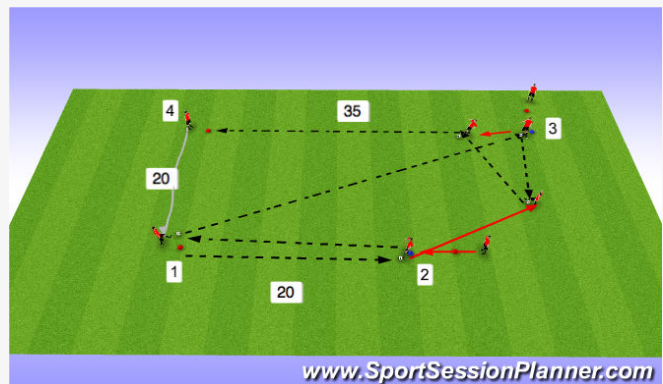
Organization

Same as before,

Change the pattern, Player 1 passes to player 2, who sets the ball back to player 1, player 1 then plays a diagonal pass to player 3. Player 3 passes to player 2, who has spun behind Player 2 then passes back to player 3 (1-2). Player 3 then passes to player 4.

Coaching Points

1. Movement on and off the ball, quick movement react to passes.
2. Can we play 1 or two touch football,
3. Speed and timing, can we get it all moving fluidly



Game (15 mins)

Organization

Encourage players to combine, We can use the Goalkeeper as well,

Coaching Points

1. Keep the ball - its ok to recycle possession, multiple times.
2. In the Attacking 3rd, Can we combine speed of play and be positive with the ball.

