

Player Name: _____

Guardian Name: _____

Signature: _____

Date: _____

To ensure the safety of our players, parents, and volunteers we ask that you sign the above acknowledgement that prior to attending any West Boylston Soccer activity for the 2021 season that you will do a self-assessment utilizing the Health Assessment form shown below.



MASSACHUSETTS
YOUTH SOCCER ASSOCIATION



HEALTH ASSESSMENT

All participants (players, coaches, spectators, staff) should ensure that they complete a health assessment prior to participating in any soccer activities. This health assessment should consist of the following:

- Ensure the participants health. Take one's temperature daily. The average normal body temperature is 98.6°F (37°C). Some studies have shown that the "normal" body temperature can have a wider range, from 97°F (36.1°C) to 99°F (37.2°C). A temperature over 100.4°F (38°C) most often means you have a fever caused by an infection or illness.
- If there are any symptoms, even mild ones, do not attend practice or a game. Public health urges you to stay home and isolate until:
 - You have had no fever for at least 72 hours (without the use of medicine), AND
 - Other symptoms (cough, shortness of breath) have improved, AND
 - At least 7 days have passed since your symptoms first appeared.

If you are unvaccinated and anyone in your household or that you have had close contact with (within six feet for approximately 15 minutes over a 24 hour period) displays symptoms, you should self-quarantine based on current [CDC guidelines](#), [The Commonwealth of MA](#), and direction from your local Board of Health.

Notify your soccer organization immediately if your child has become sick.